

APPLICATION FORM

Please fill out completely, detach and mail with your check payable in full to:

Two Knights Lacrosse
c/o Andrew Apel
134 Hillside Ave.
Bridgewater, NJ 08807

Camper's Name: _____

Parent or Guardian's Name: _____

Address: _____

City: _____ State: _____

Zip Code: _____ Home Phone: _____

Cell Phone (if any): _____

Position: _____ Grade: _____ (9/09)

Date of Birth: ____/____/____ Age: _____

Member of US Lacrosse? Yes/No ID# _____

Please list alternate name and number in case of emergency:

Please use one application per camper.

Camp Fees: Please Circle and Total below.

Warren Full Day Camp: \$ 200.00 per child

Warren *Little Laxers* Half Day Camp: \$ 125.00 per child

Early Sign-up Discount (before 6/1/09) Deduct \$10.00 per child

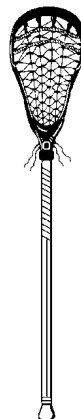
TOTAL AMOUNT ENCLOSED: _____

Please make checks payable to: **Two Knights Lacrosse**

I hereby certify that my child is in good physical health and may participate in all camp activities.

Signature of Parent or Guardian and Date

TWO KNIGHTS LACROSSE
C/O ANDREW APEL
134 HILLSIDE AVE.
BRIDGEWATER, NJ 08807



TWO KNIGHTS LACROSSE CAMP



Full Day Camp for Boys Grades 3 – 9

***Little Laxers* Half-day Camp
for Boys and Girls Grades K - 2**

CAMP STAFF



Andrew Apel, Director

Head Coach, Watchung Hills Regional High School

2005 Kimber Division Coach-of-the-year

Former Head Coach East Brunswick HS

Graduate Assistant Coach Rutgers University

Rutgers University Lacrosse Player

Chuck Apel, co-director

Head Coach, Bridgewater-Raritan High School, 1998 State Champions

2008 U.S. U-19 Team Head Coach

NJ Lacrosse Hall of Fame

NJSIAA Coaches Hall of Fame

1999 Coach of USA Under-19 Team

1984 & 1998 NJ Coach-of-the-year

Other Staff

Jamie Lovejoy - Rutgers University Player, Watchung Hills HS Assistant Coach

Matt Apel - Rutgers University Player, Kean University Assistant Coach

Chris Doctor - Rutgers University Captain, Assistant Coach Lafayette College

Mike Gara—Watchung Hills HS Assistant Coach

Current and former Division I & III college players



CAMP FACTS



Location

WATCHUNG HILLS REGIONAL HS
108 Stirling Rd., Warren, NJ
June 29– July 2, 2009

Costs

Full Day Camp: \$ 200.00
Half Day Camp: \$ 125.00

Discount

Early Sign-up Discount
Sign-up before June 1st and deduct \$10.00 per camper

All fees include a \$ 75.00 non-refundable deposit after June 15th. No Refunds after camp begins.

For More Information

Call: 908-642-7567 Or 908-203-0751

Email: andrewapel@2knightslax.com

Web Site: www.2knightslax.com

CAMP SCHEDULE

Full Day Camp 9 am– 3 pm
Half Day Camp 9 am– 12 pm



CAMP MISSION

This camp is committed to teaching fundamentals to young players. Our focus is skill development in an atmosphere that promotes fun and fair play.

CAMP FEATURES



- Outstanding Staff
- Small Group Instruction
- Game scrimmages played
- Each player must provide their own lunch
- Players must provide their own equipment

Little Laxers-Half Day Skills Development Camp for Boys and Girls Grades K - 2

- No equipment necessary. Campers are invited to bring their own lacrosse sticks if they have one.
- Introduction to Lacrosse in a fun environment
- Softer ball is used

Daily Focus on Fundamental Skills!

CATCHING

THROWING

SCOOPING

SHOOTING

DEFENSIVE POSITIONING

GOAL TENDING

SHOTS CLOCKED BY RADAR GUN

TEAM OFFENSE/DEFENSE

FACEOFFS

